



The Pulse

Twin Cities
Pediatric Specialty Care
Orthopaedic

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Welcome New Board of Governors Members



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The Board of Governors of the Twin Cities Hospital will welcome five new members at the January 20 meeting. Although these Shriners come from a variety of different backgrounds and different parts of the service area, what they have in common is they all bring a great deal of experience, dedication, innovation and enthusiasm to the Twin Cities Hospital.

Geoffrey K. Bogle, Tehama Shrine, resides in Elwood, Nebraska, which is a “mere” 9-hour drive from the Twin Cities! Mr. Bogle was Potentate of Tehama Shriners in 2008 and is active in the Nebraska Shrine Bowl, the Legion of Honor, and the Tehama Brass Band. He is a member of the Tri-County Shrine Club and the Scottish Rite Valley of Hastings Orient of Nebraska and Royal Order of Jesters #152. Mr. Bogle is a rancher and is President and owner of Bogle, Inc.

John C. Drennan, Ahmed Shrine, resides in Baraga, Michigan. Mr. Drennan joined Ahmed Shrine in 1999, was a member of the Divan and served as Ahmed Potentate in 2008. He is currently the Public Relations Chairman and is a member of the Keweenaw Bay Shrine Club, the Valley of Marquette AASR and L’Anse Lodge #547. Mr. Drennan is a retired educator and is presently involved with many activities in his community.

Jack B. Gethmann, Za-Ga-Zig Shrine, resides in Marshalltown, Iowa. Mr. Gethmann joined the Shrine in 1971 and is a fourth generation Mason and third generation Shriner. He served as Potentate of Za-Ga-Zig Shriners in 2001 and is currently a member of the Flying Fez Club and a parading member of the Tin Lizzies and the Antique Tractor Club. Mr. Gethmann is a building contractor by profession and owns Gethmann Construction, Inc., which has been responsible for the design and construction of many major hospital additions and remodels including ICU, OR, Emergency, Lab and multi-story patient wings.

Thomas R. Moe, Kem Shrine, resides in Mayville, North Dakota. Mr. Moe served as Potentate of Kem Shrine in 2006 and presently serves as Shrine Center Attorney; he is on the Shrine Center and Grand Lodge Membership Committees; and is a member of Goose River Lodge #19. Mr. Moe has been a part time instructor at Mayville State University and Adjunct Instructor at Embry Riddle Aeronautical University. He serves as Municipal Judge for the City of Mayville and served on the Board of Directors for the North Dakota Veterans Home and the North Dakota Veterans Cemetery Foundation.

Rodney L. Rommel, Zor Shrine, resides in River Falls, Wisconsin. Mr. Rommel has served as President of the St. Croix Valley Shrine Club Board of Directors where he currently serves as Secretary. He was Chaplain of Zor Shrine in 2000 and is a member of the Zor Road Runners. He is Past Master and Secretary of River Falls Lodge #109 and earned a “Mason of the Year” award. Mr. Rommel is the retired CEO of Farm Credit Services of Northwest Wisconsin and brings thirty plus years of experience in working with Boards of Directors for Foundations and Fund Raisers to his new position on the Twin Cities Board of Governors.

Congratulations and welcome to the new Members of the Board of Governors of the Twin Cities Hospital.

New Year - New Day

Our time is now. This will be a year of excitement and challenges. It's a pivotal year in our development highlighted by two big steps – the affiliation relationship with the University of Minnesota Amplatz Children's Hospital and the introduction of insurance billing to Shriners Hospitals.

Affiliation: During this year, we expect to complete our affiliation agreements (contracts); design a new inpatient care unit on the 7th floor of the new hospital; begin construction; and, develop a clearer picture of the affiliation details for hospital staff.

This work will not be easy and we still have many steps to take before this plan is complete and a reality, but we have strong support to push this effort to a conclusion.

Insurance Billing: In July of 2010, Shriners will launch four pilot sites that will begin billing and collection of patient insurance. Other hospitals, including our Twin Cities Hospital, will follow in subsequent months. This initiative will necessitate many changes in the way that we manage medical related information in the system. Changes to the information system, registration & scheduling, clinical documentation, coding, and many other systems will be directly affected. These changes will alter how we do our work, but not what we do in our work. The commitment to maintaining our special expertise in pediatric orthopaedics and the relationship with these special patients does not change.

It's a lot to consider for 2010 – so many changes and so little time, but it's exciting. It's the future and these efforts will have a profound impact on the long-term viability of Shriners Hospitals. Stay Tuned ---

Charlie Lobeck, Administrator and Ken Guidera, MD, Chief of Staff

2010 Board of Governors Meeting Schedule

Wednesday	January 20
Wednesday	February 17
Wednesday	March 17
Tuesday	April 20 *
Friday	May 21 **
Wednesday	June 16
Wednesday	July 21
Wednesday	August 18
Wednesday	September 15
Wednesday	October 20
Wednesday	November 17
Wednesday	December 15

* WGA Annual Meeting

** Hospital Day

Save the Date: Hospital Day,
Friday, May 21, 2010

Is a Gift Annuity Right for You?

(Try this little True or False quiz to find out)

1. ____ I would like to make a gift to Shriners Hospitals for Children that would not only help our patients and their families, but provide me with income for the rest of my life.
2. ____ I would like to receive regular, fixed payments that I can count on.
3. ____ I would like to receive payments that may be as much or more than I might receive from other financial arrangements.
4. ____ I would like a portion of each payment I receive to be tax-free.
5. ____ I would like to receive an income tax charitable deduction for my gift.
6. ____ I would like to reduce the size of my estate to lessen (or avoid) estate taxes.
7. ____ I would like to know more about charitable gift annuities, such as the return rate for me and/or my spouse (for example, the current single-life rate for a donor at age 75 is 6.3%).

If you answered "True" to most or all of these questions, a gift annuity from Shriners Hospitals for Children may fit your needs perfectly. Contact our Director of Development, Don Engel by phone at (612) 596.6201; by email at dengel@shrinenet.org; or by US Mail at Shriners Hospitals for Children-Twin Cities, 2025 E River Parkway, Minneapolis, Minnesota 55414. As always, your inquiry will be treated with confidence.

Ahmed in the Spotlight

Ahmed Shrine, established in 1894, is located in Marquette, Michigan. The current membership is approximately 600 members with the oldest member being over 85 and the youngest just 18. Ahmed Past Potentate, John Drennan, has just been appointed to serve on the Twin Cities Hospital Board of Governors

Ahmed Shriners have several fundraisers throughout the year to raise money for their transportation fund. One of the fundraisers is a traveling circus that stops at 5 cities in the Upper Peninsula. This year they will be raffling off a side by side four-wheeler and hope to raise \$75,000.

The UP200, a sled dog race held in February, is an annual event in the Upper Peninsula. Two events of note during this year's race are: a Tacky Tourist Costume Party hosted by the Shrine; and a Murder Mystery Party hosted by the 2010 Potentate, Illustrious Sir David Allie. Both of these events are open to the public.

In an effort to encourage new membership and public awareness of what Shriners do, Ahmed Shrine is taking steps to open their events to the public. They have recently launched a Facebook page and have an easy-to-navigate website that will have upgrades done throughout the year. Because of the distances many Ahmed Shriners have to travel to attend meetings, Ahmed is exploring different options for holding their meetings live on the internet.



Was Your Shrine Center up to the Challenge?

In 2009, a patient recruitment challenge was presented to each Shrine Center within the Twin Cities hospital service area. Each of the 21 Shrine Centers was “challenged” to increase the number of applications submitted in 2009 by 15% over the previous year.

The 2009 results are in and while some Centers came close to achieving their goal, the clear winner was **Yelduz**. Applications submitted by Yelduz increased by 67% (21 applications). By hosting a nurse evaluation clinic, they were able to increase the number of applications by 34. Nurse evaluation clinics work!

If any Shrine Center would like to host a clinic, please contact Mary Kautto at (612) 596-6104 as soon as possible to make arrangements. Once again, congratulations to Yelduz and thank you for your hard work on behalf of the children served by the Twin Cities hospital!

2010 Shrine Center Challenge: Increase applications by 10% from 2009!

For a Nurse Evaluation Clinic call Mary Kautto (612) 596.6104

Pain is Taken Seriously at the Twin Cities Hospital

The pain committee at the Twin Cities Hospital is made up of members representing many of the direct patient care departments. One of the committee’s 2009 goals was to develop an inpatient pain

questionnaire to evaluate how our multi-disciplinary approach to pain management at Shriners is working.

With input from each discipline, the committee created a ten question survey that attempts to address a number of critical areas in the pain management process. The goals of the survey were to:

- gain direct feedback from patients in a timely manner (before discharge).
- gain more specific information on the different disciplines who play a significant role in the management of inpatient pain.
- provide an opportunity for patients and families to provide specific comments and suggestions regarding their pain management.
- gain better insight into the families’ expectations of pain prior to undergoing the procedure and whether these expectations were realistic.

Over the past nine months, Child Life staff has hand delivered a survey to each of our patients on the day of, or the day before, their discharge from Shriners inpatient unit. To date we have received over 220 surveys, which have helped identify areas of strength and opportunities for improvement. Based on findings from this survey, some procedural changes have already been implemented. Future surveys will provide us with feedback on how effective these changes have been. In 2010, the pain committee plans to expand the survey to include more procedure specific data. One of our goals as a committee is to share our findings with everyone at Shriners through talks, bulletin board presentations, and future articles in The Pulse. Stay tuned for more in 2010!



Camp Achieve Winter Fun Day Sat., February 20, 2010

On February 20th eighteen lucky Twin Cities’ patients will spend a day skiing and tubing at Elm Creek Park Reserve as they celebrate Winter Fun Day 2010! A pizza party and Camp Achieve Certificate presentation will be held at 4:30pm at Shriners Hospital.

Not familiar with Camp Achieve? It is one of the services provided to our patients with limb deficiencies. Camp Achieve provides an opportunity for children with missing limbs to be with other children having similar needs and possessing similar abilities. While at Camp Achieve children are surrounded by other children who are just like them.

The Child Life Department at the Twin Cities Hospital hosts three (3) Camp Achieve sessions every year: two summer sessions and one winter session. Summer sessions are split into age groups with one

geared to the smaller children, ages 5-8 years; and the other geared to the 9-12 year old group. Each of the summer sessions is for four action-packed, fun-filled days! The Winter Fun Day Session is for children ages 5-12.

The objectives for all Camp Achieve sessions are simple:

- ✿ To have Fun.
- ✿ To build camaraderie and find new friends.
- ✿ To have a place to share experiences and build strengths.
- ✿ To participate and succeed in a lot of different activities.
- ✿ To build confidence and empower each child to attempt new challenges.

For more information contact Maureen Johnston at 612.596.6135 or mjohnston@shrinenet.org.



Hero of the Month Miss Lily Stone

Lillian (Lily) Stone personifies the saying “a young lady who gives everything she has to everything she does.” Despite having an extremely painful foot and shoulder, Lily never lets a little thing like pain stop her from doing what she loves!

Lily is active in a Hip hop dance club and she dances for her high school where she frequently choreographs dance routines. She also volunteers her time giving dance lessons and choreographing dances for others. Lily is active in choir and drama at her school. In addition to her dance, choir, and drama, schoolwork is important to her as well. She is a very good student!

Whenever and wherever there is a need, Lily is there to give of her time and talent. She always has a smile on her face and because of that no one would ever know that Lily endures extreme pain. This beautiful young lady never lets her condition or her surgeries get her down - she just deals with it and moves on. What an absolute joy it is to be around a young lady like Lily - she just makes you smile.

As Hero of the Month, Lily, age 16, receives a \$500 Wal-Mart gift card, a certificate and a T-shirt.

Congratulations Lily – you’re our hero!

**Save the Date: Hospital Day
Friday, May 21, 2010**

“Polar Dash” 2010

On January 1, Team Ortho hosted the annual Polar Dash race at Shriners Hospitals for Children-Twin Cities. Over 2,000 runners, countless volunteers, and

staff from both Team Ortho and the Twin Cities hospital had a great time! Runners (and walkers) were able to choose either a 10K or 5K course which ran along the river. While the weather was **COLD**, the sun was out and the enthusiasm was high. Congratulations go to several Shriners’ employees who participated in the race:

- Helen Brom
- Marian Carr
- Don Engle
- Maureen Johnston
- Terri Kasbohm
- Vicky Williams

In addition to a great time, Team Ortho also presented a check for \$12,500 to the hospital as a donation to the Child Life Department.

What a way to start the New Year!



Spirit Halloween Superstores Give to Twin Cities Hospital

For the second year in a row, Val & Dick Cohn from Spirit Halloween Superstores visited the hospital to present a check to the Child Life department for over \$7,000. Through the company’s Spirit of Children program, Shriners Hospitals for Children-Twin Cities patients and staff enjoyed a fantastic Halloween celebration that included costumes, decorations, face painting, food, and of course.....Koo Koo Kangaroo! This donation will help fund the activities of Camp Achieve, which allows kids with limb deficiencies to participate in activities that they may not otherwise be able to do. Thank you Spirit Halloween!





Shriners Hospitals
for Children™

Twin Cities Hospital 2009 Facts

- ★ 870 applications approved
- ★ 778 patients admitted
- ★ 740 surgical operations
- ★ 3,849 braces (orthoses) made
- ★ 322 artificial limbs (prostheses) made
- ★ 9,467 total in-house x-ray exams done
- ★ 1,778 total in-house lab exams done
- ★ 11,044 physical therapy treatments
- ★ 9,599 clinic encounters

Orthopaedic Conditions Treated

- ★ Limb Deficiencies/Deformities
- ★ Arthrogyriposis
- ★ Cerebral Palsy
- ★ Hip Problems
- ★ Juvenile Arthritis
- ★ Spina Bifida
- ★ Neurological Disorders
- ★ Osteogenesis Imperfecta
- ★ Specialized Plastic Surgery/Scar Revision
- ★ Rickets
- ★ Spine Deformities, Scoliosis
- ★ Sports Injuries



Another “Wild” Night

Three lucky Twin Cities Hospital families were invited to watch the Minnesota Wild take on the Vancouver Canucks Wednesday night at the Xcel Energy Center. The kids had a great time sitting in Havlat’s Hideway and getting pictures taken with “Nordy”. The Wild easily beat the Canucks 5-2 on the scoreboard and did a pretty good job of duking it out on the ice as well. Thanks to Rachel Schuldt and Martin Havlat for giving Shriners kids another “Wild” night to remember!



*2009 Shriners Hospitals for Children– Twin Cities
Medallion Hunt Winners*

The Medallion’s been found for another year
A team of three did share the cheer.

Kim and Katie and Nick as well
Won the cash and we feel swell.

It was affixed to a piece of wood
Next to a fallen tree as it should.

About sixty small steps from the stop sign you’d go
To four trees standing tall where one fallen did show.

Nestled up close to the log it did hide
The Medallion and wood were right beside.

Congratulations to all who had fun and took part
Now give us some help on next year where to start!



January 2010 Calendar

January is named after Janus (Ianuarius), the god of the doorway.

What we celebrate in January (besides the cold & the snow)
 Celebration of Life Month
 National Bird Feeding Month
 National Poverty in America Awareness Month
 National Glaucoma Awareness Month
 Hunt for Happiness Week – 17-23
 National Nurse Anesthetist Week – 24 – 30
 National Medical Group Practice Week – 25-29

January 1	HAPPY NEW YEAR
January 12	Conference in Pediatric Orthopedics
January 13	Faith Community Nurses Meeting
January 17	Customer Service Day
January 18	Martin Luther King Day
January 19	Dr. Guidera – 3 rd session on Scoliosis Orientation for New Board Members
January 20	Board of Governors’ Meeting
January 23	East-West Shrine Game, Orlando, FL
January 24	National Compliment Day
January 24 – 26	SHC Leadership Conference, Tampa, FL
January 27	2010 St. Paul Winter Carnival Knighting Ceremony at the Twin Cities Hospital
January 29	Fun at Work Day
February 20	Camp Achieve

